

London Elephants Goalball Club

Come and give Goalball a go!

Its great fun, good exercise, and a great way to meet new people. We are a friendly group who play Goalball for fun and provide competitive playing opportunities. We welcome new players of any age or ability.

When: Every other Tuesday 6-8pm

Venue: The Castle Leisure Centre

Closest Station: Elephant & Castle.

Meet and greet can be arranged for 5.45pm at the university exit by contacting Alex in advance. Assistance back to the station after the session is also available.

For more information and date of next session, please contact Alex Bunney by call or text 07894832820 or email alex_bunney@hotmail.com
See us on Facebook London Elephants Goalball Club

What is Goalball?

Goalball is an exciting, indoor, 3-aside team sport, of attack and defend - with a unique twist!

The sport was originally devised in 1946 to help rehabilitate soldiers who had lost their sight during the war.

It has been played throughout the world ever since up to the highest level as a Paralympic sport, by people who have visual impairments. Goalball is a truly inclusive sport as fully sighted players can also play alongside those with visual impairment as all of the players wear eye shades so that nobody can see the ball. Players therefore have to rely entirely on their other senses. It is suitable for all ages and abilities.

The ball contains internal bells so players are able to track its movement by its sound. The court is marked out with tactile lines so players can feel where they are. The idea of the game is quite simply to score goals by bowling the ball along the floor, past the opposing team.