

'Let's Go Out'

February 2019

47th Edition

'Let's Go Out' is a regular newsletter to inform people with sight loss about accessible activities and events happening around London.

Acknowledgements: We are grateful to Service Users, the VocalEyes website <u>vocaleyes.co.uk</u> and <u>Metroblinds</u> <u>port.org</u> for their postings and related text which enabled this newsletter.

If you would like to unsubscribe from this newsletter at any time, then please call 020 37613656 or email <u>courtney.nugent@londonvision.org</u> Please note that a copy of this newsletter may have been dispatched before receiving your request to unsubscribe. Welcome to the February issue of our newsletter which highlights cultural events and activities – some are designed particularly to enable access for people with sight loss – while all of them will be accessible with a volunteer guide.

This is just a selection of what is available in and around London.

Please note that Let's Go Out is for information only and the activities listed below are not led by London Vision (unless specified). We recommend contacting the venue directly for further information including accessibility, health and safety and ticket sales. Exhibitions & Tours

Russia, Royalty and the Romanovs Date: Wednesday 6 February 2019 Time: 10:30 am

Ticket price: £6

This event, led by Karly Allen, will describe three key pieces which will tell the story of the fascinating relationship between the Russian Imperial and British Royal Families.

Tickets can be converted into a 1-year pass for free for repeat visits to the Queen's Gallery.

Booking contact number 0303 123 7324

Booking contact email specialistsales@rct.uk

Venue: Buckingham Palace, The Queen's Gallery, Buckingham Palace, Buckingham Palace Road, Westminster, SW1 1AA

Closest tube: Green Park

Tactile Tour: Global Clinic, Living with Buildings Date: Thursday 7 February 2019

Time: 18:00

Ticket price: Free

Explore an innovative mobile health clinic installed in Gallery 2 as part of the living with buildings exhibition.

This tactile tour, led by Visitor Experience Assistant Nelly, describes how the charity doctors of the world worked with architects Rogers Stirk Harbour + Partners to produce a new and surprising structure for delivering emergency and general health services in remote locations.

For more information please call 020 7611 2222 or email access@wellcomecollection.org

Venue: Wellcome Collection, 183 Euston Road, NW1 2BE

Closest tube: Euston

Roman Vishniac Rediscovered Date: Saturday 9 February 2019

Time: 11:00 am

Ticket price: Free

Artist and educator Ruby Joy Eade leads an audiodescribed tour of the Roman Vishniac Rediscovered exhibition. This session will explore five works in the exhibition.

Ruby Joy Eade is an artist, arts educator and writer from Aotearoa, New Zealand. Since completing her Bachelor of Fine Arts in 2015, she has facilitated a wide range of talks, tours and workshops for galleries and museums including a series of touch and audio described tours for the New Zealand Portrait Gallery in 2017.

Booking contact number 020 7087 9300

Booking contact email <u>info@tpg.org.uk</u>

Venue: The Photographers' Gallery, 16 – 18 Ramillies Street, London W1F 7LW

Closest Tube: Oxford Street

Sensations: Heartbreak, Misery and Regret! Date: Wednesday 19 February 2019

Time: 13:00

Ticket price: Free (Booking essential)

Join audio-describers Jocelyn Clarke and Bridget Crowley for a special anti-Valentines celebration looking at some of the less romantic stories at the Wallace Collection. This event is for blind and partially sighted visitors. Meet at 12:00 noon for lunch (visitors are asked to take a packed lunch with them), event starts at 13:00

Booking contact number 020 38763164

Booking contact email community@wallacecollection.org

Venue: The Wallace Collection, Manchester Square, London W1U 3BN

Closest tube: Bond Street

Theatre Leave to Remain Date: Saturday 9 February 2019

Time: 19:30

Ticket price: From £10

A remarkable story of a young gay couple suddenly faced with an uncertain future, told through a mixture of music, drama and movement.

Leave to Remain explores the effects of one couple's marriage, and what happens when it begins to fracture both their families.

Booking contact number 0208 741 6850

Booking contact email tickets@lyric.co.uk

Venue: Lyric Hammersmith, Lyric Square, King Street, London W6 0QL

Closest tube: Hammersmith

Pinter at the Pinter – A Slight Ache / The Dumb Waiter Date: Monday 11 February 2019

Time: 19:30

Ticket price: From £18

Touch tour: TBC

Danny Dyer and Martin Freeman star in the final production of Jamie Lloyd's Pinter at the Pinter season.

The Dumb Waiter sees two hit-men sit in a basement room awaiting confirmation of their next target. Gus, the younger of the two, is asking many questions to learn from Ben, the senior member of the team, as their evening takes unexpected turns.

A Slight Ache is about a couple, Edward and Flora, who invite a matchseller into their home. The matchseller may be silent, but what begins as a pleasant midsummer's day slowly descends into total chaos.

Booking contact number 0800 912 6971

Venue: Harold Pinter Theatre, Panton Street, London SW1Y 4DN

Closest tube: Piccadilly Circus

My name is Lucy Barton Date: Saturday 16 February 2019

Time: 2:30 pm

Ticket price: From £15

Touch tour: 12:30 pm

Unsteady after an operation, Lucy Barton wakes to find her mother sitting at the foot of her bed. She hasn't seen her in years, and her visit brings back to Lucy her desperate rural childhood, and her escape to New York. As she begins to find herself as a writer, she is still gripped by the urgent complexities of family life.

Pulitzer Prize winner Elizabeth Strout's best-selling short novel, a haunting dramatic monologue, captivated readers in 2016.

Lucy Barton will be played by three-time Academy Award and four-time Tony nominee Laura Linney.

Booking contact number 0333 320 0051

Venue: The Bridge Theatre, 3 Potters Fields Park, London SE1 2SG

Closest tube: London Bridge

Everybody's Talking About Jamie Date: Tuesday 26 February 2019

Time: 19:30

Ticket price: £20 - £95 (concessions available)

Touch tour: 17:30

Inspired by a true story, Everybody's Talking About Jamie is the multi-award-winning hit musical for today.

Jamie New is sixteen and lives on a council estate in Sheffield.

Jamie doesn't quite fit in.

Jamie is terrified about the future.

Jamie is going to be a sensation.

Supported by his brilliant loving mum and surrounded by his friends, Jamie overcomes prejudice, beats the bullies and steps out of the darkness, into the spotlight.

John McCrea, Josie Walker, Tamsin Carroll, Shobna Gulati, Lucie Shorthouse and Phil Nichol lead a twentyfour strong company and an eight-piece band that will 'sweep you away on a tide of mischief, warmth and exuberance' (Financial Times).

Booking contact number 0330 333 4815

Booking contact email access@nimaxtheatres.com

Venue: Apollo Shaftesbury Avenue, 31 Shaftesbury Avenue, London W1D 7ES

Closest tube: Piccadilly Circus

Sports Cricket – Metro Blind Sport Cricket Nets

If you want to try Blind Cricket, well now is the time, there is no better way for blind and partially sighted players to learn from our talented cricketers plus why not do it at the best Cricket nets in London. Start off your 2019 right and join in, it's FREE. Event details below. Cricket Nets at Lords Date: 16 February Time: 4pm – 6pm Date: 23 March Time: 4pm – 6pm Venue: Lords Cricket Ground, St John's Wood Rd, London NW8 8QN Closest tube: St John's Wood Contact: Rory Field: Email: <u>rory.field74@gmail.com</u> or Phone: 077 4232 3224 (Rory Field)

Bowls Bowls Training

Bowls is a game which is very suited to blind and partially sighted players, as only very minor adaptations need to be made. Visually impaired bowlers can play singles, pairs, triples or in teams of four. There is no reason why visually impaired bowlers can't play against fully sighted players, and they often do. It is a sport for people of all ages.

Our sessions at Brixton Recreation are FREE and run from 16:00 – 19:00 and welcome all abilities. Eric and his group of bowlers are extremely welcoming and meet and greet is available from Brixton Tube Station. To get involved then please email ericgal@blueyonder.co.uk

Free Latin & Ballroom Dancing Every Saturday! Date: Saturday 2 February 2019

Time: 15:30-16:30

This free programme supports people to learn Latin and Ballroom dance in a fun, supportive environment. For all abilities.

Date: Every Saturday. The programme starts on Saturday 2nd February with the last class on 23 March. There is no class on 2 March. Time: 15:30-16:30

Venue: The Abbey Centre, 34 Great Smith Street, London SW1P 3BU

Nearest tube: Westminster or St James' Park

Age 16+

Participants must register in advance.

For registration details please email or call.

To contact Step Change Studios:

Email:

contact@stepchangestudios.com or Phone: 07976 363861

Women Only Martial Arts Date: Tuesday 5 February 2019

Time: 13:00–14:00

Cost: Pay as you go; £10 for non-members, £8 for students and unemployed - plus various monthly options

Taught by your coach Sonia

Contact:

sonia@mmarap.co.uk

MMARAP Email: info@mmarap.co.uk

Telephone: 0333 0030 520

Venue: Ringcross Community Centre, 60 Lough Road, Islington, London N7 8RH

Nearest tube: Caledonian Road

Free Yoga Date: Thursday 7 February 2019

Time: 14:15 – 15:45

Cost: Free

Who: For anyone 18+ with a sensory impairment or complex needs who wants to get involved.

Where: Pancras Square Leisure, 5 Pancras Rd, Kings Cross, London N1C 4AG

Contact: Mayana McDermott; call 0207 014 9318 or email: <u>mayana.mcdermott@sense.org.uk</u>

Closest tube: Kings Cross