



LONDON
VISION

‘Let’s Go Out’

March 2019

48th Edition

‘Let’s Go Out’ is a regular newsletter to inform people with sight loss about accessible activities and events happening around London.

Acknowledgements: We are grateful to Service Users, the VocalEyes website vocaleyeyes.co.uk and Metroblindsport.org for their postings and related text which enabled this newsletter.

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Welcome to the March issue of our newsletter which highlights cultural events and activities – some are designed particularly to enable access for people with sight loss – while all of them will be accessible with a volunteer guide.

This is just a selection of what is available in and around London.

Please note that Let's Go Out is for information only and the activities listed below are not led by London Vision (unless specified). We recommend contacting the venue directly for further information including accessibility, health and safety and ticket sales.

Exhibitions & Tours

Audio-described tour: Postal Museum

Date: Saturday 9 March 2019

Time: 2:30 pm

Ticket price: TBC

Join an audio described tour of The Postal Museum and discover the surprising story of the world's first social network. Ride Mail Rail and journey back in time with 15 minutes of underground exploration. The tour is co-delivered by a VocalEyes audio describer and a curator. Light refreshments will be included during the event.

Booking contact number [0300 0300 700](tel:03000300700)

Booking contact email boxoffice@postalmuseum.org

Venue: 15-20 Phoenix Place London WC1X 0DA
Closest tube: Kings Cross/Farringdon

Disabled Access Day at Wellcome Collection

Date: Saturday 16 March 2019

Time: 11:00 am

Ticket price: Free

Wellcome Collection is taking part in Disabled Access Day, a national day organised by Euan's Guide to highlight accessible venues across the country.

More information will be released at a later date so do check Wellcome Collection website for updates or contact them directly either by email or phone.

Booking contact number [020 7611 2222](tel:02076112222)

Booking contact email access@wellcomecollection.org

Venue: Wellcome Collection, 183 Euston Road, London NW1 2BE

Closest tube: Euston

Audio described tour St Paul's Cathedral

Date: Saturday 16 March 2019

Time: 1:00 pm

Ticket price: Free (booking required for groups)

Find out more about this iconic London landmark on an audio described tour as part of Disability Access Day 2019.

Booking contact number [0207 248 1929](tel:02072481929)

Booking contact email

ljohnson@stpaulscathedral.org.uk

Venue: St Paul's Cathedral, St Paul's Churchyard,
London EC4M 8AD

Closest tube: St. Paul's

[The architecture of Windsor Castle](#)

Date: Saturday 30 March 2019

Time: 1:30 pm

Ticket price: £12.30

Join describer Karly Allen to explore the architecture of Windsor Castle. This guided tour will focus on the walls, towers and battlements of the Castle.

Music and touch will be used to enhance the tour.

Tickets cost £12.30 and can be converted into a 1-Year Pass for free repeat visits for one year.

Please meet at the Admission Centre.

Booking contact number [0303 123 7340](tel:03031237340)

Booking contact email specialistsales@rct.uk

Venue: Windsor Castle, Berkshire SL4 1NJ

Theatre

[Flight Paths](#)

Date: Saturday 2 March 2019

Time: 2:00 pm

Ticket price: £14 (£10 concessions)

Extant and Yellow Earth present Flight Paths

The Goze were blind female storytellers and musicians who travelled the length and breadth of medieval Japan making a living from performing epic tales.

In this production, two blind women take centre stage sometimes on aerial silks, sometimes with their feet firmly on the ground but always surrounded by voices, music, stories and ghosts.

From tradition to modernity they navigate the path of the migrant, weaving together personal stories of blind artists from Japan, Nigeria, the USA and Australia as they forge their careers as aerialists, viola player and soprano.

Flight Paths is the first ever co-production from Extant, the UK's leading theatre company of visually impaired people, and Yellow Earth, the UK's award-winning

British East Asian theatre company. It brings together playwright Glen Neath (The Ring, Seance), movement specialist Vicki Amedume from Upswing, surround-sound technologist Tarim and filmmaker Terry Braun to deliver a dynamic and innovative piece of theatre.

Booking contact number [020 8692 4446](tel:02086924446)

Venue: The Albany, Douglas Way, London SE8 4AG

Closest tube: Detford High Street (DLR)

[Jesus Hopped the 'A' Train](#)

Date: Wednesday 20 March 2019

Time: 2:30 pm

Ticket price: £10-£40

Touch tour: TBC

From Pulitzer Prize winner Stephen Adly Guirgis comes this critically-acclaimed dark comedy about the American justice system and the contradictory nature of faith.

Inside the lockdown wing of Rikers Island prison, a frightened young man accused of murdering a cult leader is confronted with a charismatic born-again serial killer and a sadistic guard. Will one man's redemption lead to another's damnation?

Booking contact number [020 7922 2922](tel:02079222922)
boxoffice@youngvic.org

Venue: 66 The Cut, Waterloo, London SE1 8LZ

Closest tube: Waterloo

The Play That Goes Wrong

Date: Saturday 23 March 2019

Time: 2:30 pm

Ticket price: £20

Touch Tour: 1:20 pm

Stumbling through their fifth catastrophic year, the Cornley Polytechnic Drama Society is putting on a 1920s murder mystery, but as the title suggests, everything that can go wrong... does!

The accident-prone thespians battle against all odds to make it through to their final curtain call, with hilarious consequences!

Booking contact number [0330 3334815](tel:03303334815)

Venue: Duchess Theatre, Catherine Street, Aldwych,
London NWC2B 5LA

Closest tube: Covent Garden

Sports

VI Tennis

Date: 5 March 2019

Time: 7:00 pm

Cost: £5 per session

These tennis sessions are for blind and partially sighted people who want to learn a new skill, get active and have fun! Tennis is a great way to improve your physical and mental health and wellbeing – you don't need to be a talented sports person to experience the benefits of tennis. The Vision Impaired game is adapted through the use of smaller courts, a lower net, tactile court lines and audible balls so you can hear it bounce.

For more information contact:

Email: Matthew.Grover@tennisfoundation.org.uk or disabilitytennis@tennisfoundation.org.uk or

Tel. 02084877043

Venue: Centre, 100 Priory Lane, Roehampton, London SW15 5JQ

Closest tube: Putney

Free Yoga: Kings Cross

Date: 7 March 2019

Time: 2:15 pm

Cost: Free

Contact: Mayana McDermott call 0207 014 9318 or email

mayana.mcdermott@sense.org.uk

Venue: Pancras Square Leisure, 5 Pancras Rd, Kings Cross, London N1C 4AG

Closest tube: Kings Cross

Vision Impaired Archery

Date: Sunday 10 March 2019

Cost: £2.50 per member or £5 non-members

All equipment is provided along with a tactile aiming guide and foot locator so that totally blind shooters can take meaningful part in the sport.

If you would like more information or to attend please

Contact: Fred Carpenter (Archery Co-Ordinator)

Tel. [07743942062](tel:07743942062) or email freddy2cokes@yahoo.co.uk

Venue: Southfields Academy Sports Hall

– Aspire@Southfields, 337 Merton Road, SW18 5JU

Nearest tube station is Southfields; the station is on the District line between East Putney and Wimbledon Park stations

Nearest mainline station is Earlfield

Bus route: 156 towards Wimbledon.

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