

Do you, or a friend or relative, have poor eyesight?

Join us at our annual

# Low Vision Day

**Saturday 21st October 2023**

**10am – 2pm**

**Shepherd Hall, South Wing**

**St Thomas' Hospital**

Westminster Bridge Road, London SE1 7EH

- Look at equipment to help with daily living
- Get advice on getting more active
- Have a look at the latest technology
- Meet local support groups that can help with leisure, travel, visiting you at home.

**Just turn up or Ring 07770381758**

**for more information or how to get to us.**

**[www.southlondonvision.org](http://www.southlondonvision.org)**

## **Programme**

**10.00 am Event starts**

**11.00 Workshops on mobile phones  
BlindAid**

**12.00 Welcome to the low vision day**

**12.10 VIP Singers' concert**

**Throughout the day there will be:**

**A wide range of optical and electronic low vision  
aids on display**

**Advice on taking part in sports**

**Agencies to help with everyday living**

**Equipment for everyday life**